

**Name: Kentha Heng, MBA, MHSC**

**Title:** Coordinator of Wrap Around Services, FESP and Equity Programs | Achievement Coach, Family Economic Security Program (FESP) | Counseling and Wellness Center

**Education:**

**Liberty University:**

- Master's in Human Services Counseling with a concentration in Crisis Response and Trauma (M.H.S.C.)
- Master's in Business Administration (M.B.A.)
- Graduate Certificate in Business

**Albertus Magnus College:**

- Bachelor's in Business Management: Human Resources (B.S.)

**Housatonic Community College:**

- Associate's in Accounting for Small Business Management (A.S.)
- Certificate in Accounting
- Certificate in Accounting for Small Business
- Associate's in Business Administration: Small Business Management/Entrepreneurship (A.S.)
- Certificate in Small Business Management/Entrepreneurship

**Middlesex Community College:**

- iTeach: Best Practices of Online Pedagogy

**Professional Interests:**

- To help close the achievement gap for students
- Providing FESP and counseling support services
- Providing academic and career coaching

**Additional Language(s):**

- Cambodian (Khmer)



**Approach to Counseling, Coaching and Student Relations:**

My approach to counseling, coaching and student relations is providing an encouraging atmosphere for student development and engagement. We serve a very diverse population, where individuals come from many walks of life. Each student will have different aspirations and educational goals. My objective is to address the basic needs, guide students through

both their desired academic program and career path, while giving them the tools for growth, stability and student success.

### **Approach to Wellness:**

Being part of the Counseling and Wellness Center encourages me to be more mindful about my well-being and to value self-care. Spending time outdoors, in meditation, worship music, prayer have been very helpful. I enjoy being around my loved ones, being silly, and creating signature entertainment. The people I find joy in spending time with have been so life giving to my soul. They are amazing people and some of the best parts is the joy and laughter we all get to experience as a family. As a long-term wellness plan, I hope to travel more to ideal destinations.

### **Myers Briggs Identifiers: ENFJ-T Protagonist Personality**

The protagonist personality type is part of the diplomat group. According to Myers Briggs, these individuals “aim to understand themselves and others. They often have deep insights into human nature, and they can use these insights to influence the people around them. Fortunately, Diplomat personality types tend to do this with care. They are sensitive to other people’s feelings, and they want to nudge the people around them in positive directions... Protagonists radiate authenticity, concern and altruism, unafraid to stand up and speak when they feel something needs to be said. They find it natural and easy to communicate with others, especially in person, and their Intuitive (N) trait helps people with the Protagonist personality type to reach every mind, be it through facts and logic or raw emotion.”

<https://www.16personalities.com/enfj-personality>

<https://www.16personalities.com/articles/roles-diplomats>

### **Fun Fact:**

I love food and I’m a major foodie. I also love music. One day, I hope to learn and master an instrument or two. Music can encourage an atmosphere of fun, entertainment, creativity, laughter, tranquility, deeper understanding of the human condition and emotions, and so much more.

### **Contact info:**

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